



CALIFORNIA FACT SHEET



ALZHEIMER'S AND LGBTQs IN CALIFORNIA

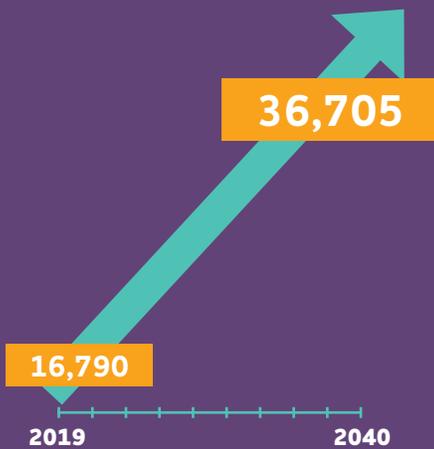
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PREVALENCE

Alzheimer's will more than double among LGBTQ Californians by 2040.



40%

An estimated 40% of LGBTQ older adults say that their health care providers are unaware of their sexual orientation, making it difficult to predict exact prevalence among this population.



LGBTQ older adults experience more health disparities than their peers who do not identify as LGBTQ including increased rates of depression, higher rates of tobacco and alcohol use, and higher rates of obesity and cardiovascular disease, which are risk factors for Alzheimer's.



CAREGIVING

LGBTQ Caregivers and recipients are **SIGNIFICANTLY LESS LIKELY** to access medical and social services than their peers.



1 in 5

LGBTQ people provide care for another adult, compared to one in six people who do not identify as LGBTQ.

Of organizations serving caregivers in California, nearly half indicate there is little or no outreach or materials targeting LGBTQ caregivers.



Data comes from the California Department of Public Health Alzheimer's Disease and Related Dementias Facts and Figures in California: Current Status and Future Projections report.