



# CALIFORNIA FACT SHEET



## ALZHEIMER'S AND BLACKS IN CALIFORNIA

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alz.org®



### PREVALENCE

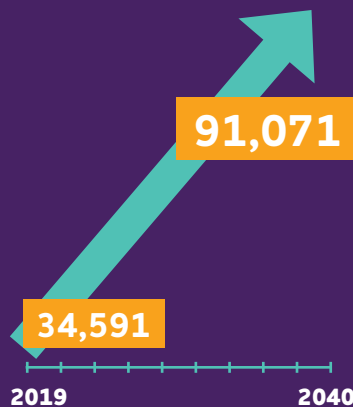


### 36+%

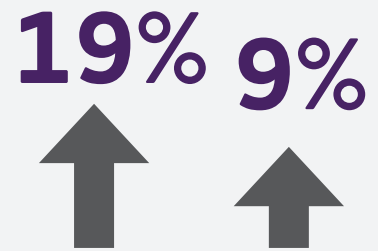
A 2016 study by Kaiser Permanente estimates that over 36% of its Black members who are dementia-free at age 65 will be diagnosed with dementia over the next 25 years.

In 2019  
**5%**  
of Californians living with Alzheimer's were Black.

Alzheimer's will nearly triple among Black Californians by 2040.



The poverty rate for Blacks aged 65 and older is 19% compared to 9% for all Americans aged 65 and older.



Current **scientific knowledge** suggests that Blacks may be at greater risk of developing dementia than other ethnic groups due to health conditions and socioeconomic factors.

### MORTALITY



In 2018, Blacks had the **HIGHEST ALZHEIMER'S DEATH RATE** for people aged 75-84 and second highest rate for those 85+.



### CAREGIVING



Black and Latino caregivers generally spend a **HIGHER PROPORTION OF OUT-OF-POCKET COSTS TO PROVIDE CARE** than White and AAPI caregivers.

### 7 YEARS

On average, Black caregivers wait 7 years between noticing symptoms in a person with dementia and consulting a physician about it.



Data comes from the California Department of Public Health Alzheimer's Disease and Related Dementias Facts and Figures in California: Current Status and Future Projections report.